

Winthrop Board of Health Meeting
Meeting Minutes for June 10, 2025
Harvey Hearing Room, Town Hall

Meeting called to order at 3:30 PM

Members Present: Chair Christine Reilly, Jeanne Maggio, Mary Lou Cooney

Minutes from the Board of Health meeting of April 8, 2025, were read and unanimously approved.

Director of Public Health and Clinical Services Update: [via email] See email attached.

Commissioner of Inspectional Services Update: [via email] See email attached.

Review of current tobacco/nicotine regulations:

During the April 8, 2005, meeting, Bonny Carroll, Director of Tobacco Control, Somerville, Massachusetts, and Director, Six City Tobacco Initiative, spoke about the Nicotine Free Generation. Chair noted that the Town did not have a meeting, but Massachusetts might consider this, which will free towns from having to consider it. Board agreed that pushback would be from businesses and the public and will be contentious. The Board will need a public meeting, as there should not be a decision the Board should make. Is this something the Town Council should initiate? Will not pursue Nicotine Free Generation but will review tobacco/nicotine regulations (last regulations were 6/15/24). The Board needs legal guidance if it wants to include nicotine pouches, which do not include tobacco.

Review of recycling questions:

New Business: Application for a Body Practitioner Permit was made by James Mustin.

- Mr. Mustin's CPR certification must be updated in June, and his CORI must be updated when his application goes through.
- Mr. Justin Kopek spoke on Mr. Mustin's behalf, as Mr. Kopek is the local business owner that wants to hire him for his tattoo shop, which will be called "Mustin and Justin".
- A motion was made, and the Board approved the application. This must be followed up with Sharon from Inspectional Services.

Proposed agenda items for the next meeting were discussed:

- Tobacco regulations/Town website
- Mosquitoes: Who pays for mosquito spraying? Who is the Town employee in charge of mosquito control?

- Food containers: The Board discussed plastic bags, black plastic, and clamshell packaging. It was noted that black plastic cannot be read by recycling equipment. The Board can speak to any business using black plastic (waivers had previously been requested for six months).

Next meeting: Tuesday, September 9, 2025.

Adjournment at 4:17; approved unanimously.

Respectfully submitted,

Christine Reilly, Chair

To: Winthrop Board of Health

From: Meredith Hurley, RN, MPH

Date: June 10, 2025

Re: WDPH&CS Updates

C.L.E.A.R. Program

- We have been awarded a \$50,000 Municipal Match grant through the MA Opioid Mitigation Funds to extend the reach of our current municipal opioid funding. We are planning mindfulness offerings with a newly formed Alternative Therapies Workgroup which is comprised of local yoga, meditation, reiki practitioners.
- We are currently working on 2 additional grant applications.
- At least 2 of our grants that set to end at the end of the month for a total of \$650,000. We are awaiting final confirmation and if we can use any remaining funds into the next fiscal year.

Immunizations & Infectious Disease

- We have pre-book Flu vaccines for next season based on the number of vaccines administered this year.

Other

- Winthrop has signed an updated Inter-Municipal Agreement (IMA) with Revere and Chelsea to continue the North Suffolk Public Health Collaborative.
- Through the North Suffolk Public Health Collaborative, we are exploring ways to launch a Mother/Baby Home visiting program for new moms in the community.
- Our offices will be closed on June 19th in observance of the Juneteenth holiday.

From: Sharon Sicurella <ssicurella@winthropma.gov>
Sent: Monday, June 9, 2025 3:51:02 PM
To: Christine Reilly <creilly@winthropma.gov>
Cc: Board of Health <BoardofHealth@winthropma.gov>
Subject: RE: BOH Agenda for June 10, 2025

Hello:

I just wanted to give a quick update as to what ISD is doing regarding the Health side of things:

Restaurant inspections are starting. We have a new food truck in town which is doing great. They are renovating the inside of the restaurant once that's done, the food truck will relocate. Bellino's expanded to another place next door which is doing great. Ferrante's is closed. The Farmer's Market is scheduled to start this weekend! It will run every weekend until September.

We had a problem property meeting a few weeks back. We are working with the various departments to continue working on problem properties, citations and violations.

Beach Testing is starting this Wednesday.

Sharon